

# Welcome to the **bengal tiger** lily

## Our Aim

Welcome to the Bengal Tiger Lily Restaurant. Our aim is to always provide excellent authentic Indian and Bengali cuisine, coupled with personal friendly service.

## Our Facilities

We provide courtesy home drops to our customers living locally so please feel free to ask and we will endeavour to accommodate you and the restaurant car park is situated for your convenience.

## Our Menu

We have an extensive menu for you. In addition to the 'Old Favorites' dishes which have become the nation's favourite food, our chef's have developed new and authentic cuisine, which you will find in the 'Chef's Specialities'.

If there are any dishes (or combinations) you desire, which are not on the menu, please ask and we will do our best to provide this.

## Drinks and Wines

Our restaurant is licensed with a selection of draught and bottled beers, liquors and soft drinks. Please also see our carefully selected and extensive wine list to compliment your meal.

## Take Away Service and Outside Catering

You can order your meal in advance and have it ready for collection. Alternatively, you are welcome to come in and enjoy a complementary coffee or soft drink whilst we prepare your takeaway meal.

Please take a copy of our take away menu.

We also cater for off-site parties and special occasions, where appropriate we can supply buffet style facilities.

Please speak to us if you wish to discuss catering for your special occasions.

## Sunday Special Family Buffet

Indulge to your hearts content with a fabulous variety of starters, main courses and sundries. Every Sunday from 12:00 pm to 4:00pm £10.95 per person and children under 10 half price.

## At Your Service

We do not include any service charge - gratuities are entirely at your discretion.

We hope you enjoy your visit to our restaurant and thank you for your custom.

If there is anything you wish to discuss, please let us know.

Juber Akther and Kamran Khan

## ~ SET MEALS ~

### Non-Vegetarian Meal

**for two persons £42.00**

*2 Poppodums and chutneys*  
*Reshmi Kebab*  
*Bhuna Prawn on Puree*  
*Special Thawa*  
*Lamb Karai*  
*Sag Aloo*  
*Dall Makani*  
*Mushroom Pilau Rice*  
*Nan*  
*Dessert*  
*Coffee*

### Vegetarian Meal

**for two persons £35.00**

*2 Poppodums and chutneys*  
*Vegetable Pakura*  
*Vegetable Samosas*  
*Ponir Tikka*  
*Vegetable Bhuna*  
*Chana Mossalla*  
*Dall Makani*  
*Vegetable Pilau Rice*  
*Nan*  
*Dessert*  
*Coffee*

## ~ STARTERS ~

(All starters are served with a salad and a mint yoghurt sauce)

<b>Bengal Tiger Lily Platter</b> (for 4 people) <i>A platter selection of starters exclusive to Bengal Tiger Lily consisting of chicken tikka, sheek kebabs, reshmi kebabs, onion bhaji, somosas and stuffed capsicum with egg and spiced mince lamb.</i>	£22.50
<b>Mixed Platter</b> (for 2 people) <i>A platter selection of 2 pieces each of Chicken tikka, sheek kebab, onion bhaji, somosas and garlic mushroom.</i>	£8.95
<b>Mixed Kebab</b> <i>One piece each of chicken tikka, reshmi kebab, sheek kebab and lamb tikka.</i>	£4.75
<b>Tandoori Chicken / Wings</b> <i>Chicken (on the bone) marinated with mild spices, herbs and yogurt, barbecued in the tandoor</i>	£4.50
<b>Tikka</b> (Chicken or Monkfish) (Lamb) <i>Marinated in yogurt, aromatic spices, fresh herbs then mildly seasoned and barbecued</i>	£4.50 £4.75
<b>Tandoori Lamb Chops</b> <i>Lamb chops marinated with mild spices, herbs and yogurt, roasted in tandoor.</i>	£5.50
<b>Reshmi Kebab</b> <i>Boneless chicken breast cubes marinated with yogurt, egg mild spices with a touch of almond powder and fresh cream and barbecued in our tandoori clay oven.</i>	£4.50
<b>Sheek Kebab</b> <i>Tender minced lamb seasoned with aromatic spices, skewered and barbecued in the tandoor.</i>	£4.50
<b>Shami Kebab / Prawn Kebab</b> <i>Minced lamb or Prawn seasoned with herbs and spices, garnished with egg then pan fried.</i>	£4.75
<b>Bhuna Prawn on Puree</b> <i>Prawns tossed in butter, and seasoned with medium hot spices. Served on a light crisp pastry.</i>	£4.75
<b>Chicken Chat on Puree</b> <i>Thinly sliced chicken spiced and served on a light crispy pastry</i>	£4.75
<b>Bangla Chilli Chicken</b> <i>Diced chicken tikka pieces pan cooked with onions and green chillies.</i>	£4.50
<b>Pakora (Chicken or Monk Fish)</b> <i>Chicken or Monk fish cutlets dipped in gram flour mixture batter and deep fried.</i>	£4.50
<b>Somosa</b> (Meat or Vegetable) (V) <i>Crispy pastry filled with spicy minced lamb or vegetable.</i>	£3.85
<b>Onion Bhaji</b> (V) <i>Four cutlets of spicy fried onions, finely chopped, wrapped in lentil batter and deep fried.</i>	£3.85
<b>Vegetable Pakora / Ponir Pakora</b> (V) <i>Mixed vegetable or Indian cheese cutlets dipped in gram flour mixture batter and deep fried.</i>	£3.85

## ~ TANDOORI DISHES ~

(All Tandoori Dishes are served with salad and a balti curry sauce)

### Sizzler Special

*A fabulous selection from our tandoori menu including tandoori chicken, chicken tikka, lamb tikka, ponir tikka, sheek kebab and tandoori king prawn.*

£13.95

### Tandoori Chicken

*On the bone chicken (consisting of one leg and one breast) marinated in yogurt and aromatic spices, fresh herbs and mildly seasoned, and barbequed in our tandoori clay oven.*

£8.95

### Tikka (Chicken or Monkfish)

(Lamb)

*Diced boneless chicken or lamb marinated in yogurt and aromatic spices, fresh herbs and mildly seasoned, and barbequed in our tandoori clay oven.*

£8.95

£9.95

### Tandoori Lamb Chops

*Lamb chops marinated with mild spices, herbs and yogurt, roasted in our tandoori oven.*

£11.95

### Tandoori Reshmi Kebab

*Boneless chicken breast cubes in a mild creamier marinade with yogurt, egg, almond powder, touch of mild seasoning and fresh cream and barbequed in tandoor*

£8.95

### Monk Fish Tikka

*Boneless monkfish pieces marinated with lemon juice, yogurt, mustard sauce, special fish spices, barbequed in the tandoori oven.*

£10.95

### Tandoori King Prawns

*King Prawns marinated with lemon juice, yogurt, mustard sauce and special fish spices and cooked in the tandoori oven.*

£13.95

### Tandoori Shaslik

*Marinated and spiced chicken pieces barbequed in the tandoori oven and served with chunky barbequed tomatoes, onion and capsicum.*

£9.95

### Tandoori Fillet Steak

*Chicken fillet steak seasoned with herbs and mild spices then grilled. Served long with garlic mushroom and side pilau rice.*

£11.50

### Ponir Tikka

*Home made Bengal cheese marinated with yogurt, tomatoes and spicy sauce and barbequed in the tandoori oven on a skewer with capsicum, onion and tomatoes.*

£8.25

### Chicken Nambali

*Chicken breast cubes grilled with onion, pepper, tomato and potato in the tandoor then garnished with melted cheese served on a sizzling platter.*

£10.50

## ~ CHEF'S SPECIALITIES ~

<b>Tiger Lily Special</b>		<b>£13.75</b>
<i>An exotic selection of tandoori dishes, including chicken tikka, Tandoori King Prawn, ponir tikka and tender pieces of lamb cooked in special spices &amp; served in sauce.</i>		
<b>Special Thawa</b>		<b>£10.50</b>
<i>Tradition Bengal home cooking style dish consisting of a rich green and red pepper flavoured spicy sauce.</i>		
<b>Telapia Bisi</b>		<b>£11.50</b>
<i>Telapia Fish (boneless) in a subtle spiced sauce but with a touch of chilli powder to enhance the flavour with Bengal seem beans. Very popular North Eastern Bengal Dish.</i>		
<b>Sizzling Delight</b>		<b>£10.50</b>
<i>Diced chicken marinated in yogurt, herbs and mild spices for 24 hours and cooked in a medium strength rich spicy sauce with capsicum, tomato and egg and served in a sizzling platter.</i>		
<b>Shatkora</b>	(Chicken)	<b>£9.95</b>
	(Lamb or Monkfish)	<b>£10.95</b>
<i>Medium spiced dish using Bangladeshi citrus cooking fruit which gives a distinctive tasty mild bitter flavoured sauce.</i>		
<b>Shashlik Bhuna</b>		<b>£9.95</b>
<i>Tender diced chicken tikka pieces cooked with barbequed tomatoes, onions and capsicum, served in a thick spicy sauce.</i>		
<b>Jalfreizi</b>	(Chicken)	<b>£9.50</b>
	(Lamb or Monkfish)	<b>£10.50</b>
<i>Very hot chicken or lamb or monkfish flavoured with exotic spices, cooked with fresh green chillies,peppers, onions, tomatoes and served in herb sauce.</i>		
<b>Chilli Mossolla</b>	(Chicken)	<b>£9.50</b>
	(Lamb or Monkfish)	<b>£10.50</b>
<i>Chicken, lamb or monkfish pieces cooked in a chilli pickle sauce with fresh green chillies and served in a thick spicy sauce.</i>		
<b>Mazaa Fish</b> 		<b>£11.95</b>
<i>Pangasius Fish (boneless) high in omega. Lightly seasoned with herbs and spice, and served long with mild flavoured spinach and potato and vegetable rice.</i>		
<b>Ginger Kufta</b>		<b>£10.95</b>
<i>Spiced mince lamb balls cooked in a ginger and pepper flavoured medium strength sauce.</i>		
<b>Chicken Harri Mossolla</b>		<b>£9.95</b>
<i>Diced chicken marinated in yogurt, herbs and mild spices for 24 hours, cooked with chopped onions, green chillies, green peppers and tomatoes to give a very hot rich exotic sauce.</i>		
<b>Balti</b>	(Chicken or Prawn)	<b>£9.25</b>
	(Lamb or Monkfish)	<b>£10.50</b>
<i>Tender pieces of chicken or lamb or Prawn or monkfish cooked in this specially prepared sauce with a culmination of various herbs and fresh spices to give an all round exotic flavour</i>		

## ~ CHEF'S SPECIALITIES ~

### ~DISH OF THE DAY~ **Desi Tharkari**

*Authentic 'handi cooked' dish with varying home style cooking flavours cooked each day from different regions of Bengal using specially sourced ingredients*

£9.95

**Karai** (Chicken or Prawn)  
(Lamb or Monkfish)

*Delicately spiced chicken or lamb or monkfish pieces cooked with fresh ginger, garlic, tomato in a traditionally drier sauce base and sizzled and served in a traditional "Indian wok".*

£9.25  
£10.50

**Achari** (Chicken)  
(Lamb or Monkfish)

*Tender pieces of chicken or lamb or monkfish cooked in a combination of pickled spices tempered with mustard to give a tasty tangy sauce with a hint of natural sweet flavour.*

£9.25  
£10.50

### **Tandoori Makhon Chicken**

*Boneless chicken pieces (stripped from tandoori chicken) cooked with aromatic spices, butter, fresh cream and a touch of herbs in a thick creamy sauce.*

£9.95

### **Shahi Murghi Mossolla**

*Seasoned whole breast of chicken layered with richly spiced mince lamb based sauced.*

£10.50

**Rezala** (Chicken)  
(Lamb or Monkfish)

*Tasty medium strength dish from a Culmination of spices and specially prepared sauce with green peppers and tomato then garnished with fried onions.*

£9.25  
£10.50

### **Kashmiri Chicken**

*Chicken cooked in a rich creamy fruity flavoured sauce garnished with cashew nuts.*

£9.25

### **Shabji Murgh**

*Tender diced chicken pieces in a subtly creamy spiced sauce served side by side with chef's choice of spiced seasonal vegetable.*

£10.50

**Chana Dall** (Chicken)  
(Lamb)

*Tender pieces of chicken or lamb cooked in medium spiced split Bengal gram and chickpeas based sauce.*

£9.50  
£10.50

### **Keema Motor**

*Mince lamb cooked with peas in a medium spicy sauce*

£9.25

### **Ponir Butter Mossalla (V)**

*Home made Bengal cheese mixed with mild aromatic spices, cream and butter.*

£7.95

**Zaalim Jalfreizi** (Chicken)  
(Lamb)

*Order with caution! Our super hot strength dish.*

£9.95  
£10.50

## ~ OLD FAVOURITES ~

### MOSSALLA

*Chicken or Lamb Tikka pieces or King Prawns marinated and barbecued and then cooked in an exotic creamy sauce of yogurt and butter made with a delicate of herbs, spices, almonds and fresh cream.*

**Chicken Tikka - £8.75   Lamb Tikka - £9.75   King Prawn - £13.95**

### KORMA

*Mild dishes prepared with butter and thickened with cream, flavoured with cinnamon, cloves, cardamon and coconut milk.*

**Chicken - £8.25   Lamb - £8.95   Prawn - £8.50   Vegetable - £6.95**

### MADRAS

*Hot and spiced with a rich tomato base texture*

**Chicken - £8.25   Lamb - £8.95   Prawn - £8.50   Vegetable - £6.95**

### VINDALOO

*Extra hot and spicy smooth based sauce*

**Chicken - £8.25   Lamb - £8.95   Prawn - £8.50   Vegetable - £6.95**

### BHUNA

*A fairly thick medium spiced onion based sauce with pepper, tomatoes, garlic and fresh herbs.*

**Chicken - £8.25   Lamb - £8.95   Prawn - £8.50   Vegetable - £6.95**

### ROGON JOSH

*Rogon Josh is cooked in a medium spicy base sauce garnished with a layer of tomatoes, garlic & fresh coriander.*

**Chicken - £8.25   Lamb - £8.95   Prawn - £8.50   Vegetable - £6.95**

### DHANSAK

*Medium strength spices thickened with lentils and pineapple and sweet and sour sauce*

**Chicken - £8.25   Lamb - £8.95   Prawn - £8.50   Vegetable - £6.95**

### SAGWALA

*Medium hot dishes cooked with tomatoes, capsicums, covered with spinach and thickened to a rich taste.*

**Chicken - £8.25   Lamb - £8.95   Prawn - £8.50   Vegetable - £6.95**

### SAMBER

*Lentil based sauce with fresh spices and lemon to give a hot and sour flavour*

**Chicken - £8.25   Lamb - £8.95   Prawn - £8.50   Vegetable - £6.95**

### PATHIA

*Cooked in medium spiced tomato based sour sauce*

**Chicken - £8.25   Lamb - £8.95   Prawn - £8.50   Vegetable - £6.95**

### BIRYANI

*A stir fry of basmati rice with a blend of medium spices garnished with a light omelette and served with Balti Curry sauce.*

**Special Mix - £10.95   Chicken - £8.95   Lamb - £9.50  
Prawn - £8.95   Vegetable - £7.50**

If there are any dishes (or combinations) you desire, which are not on the menu, please ask and we will do our best to provide this.

## ~ VEGETABLE SIDE DISHES £3.95 ~

**Mixed Vegetable Bhaji**  
**Bombay Potato**  
**Sag Bhaji** (*spinach*)  
**Cauliflower Bhaji**  
**Sag Aloo** (*spinach and potato*)  
**Aloo Gobi** (*Potato and Cauliflower*)  
**Sag Ponir** (*spinach and cheese*)  
**Motor Ponir** (*Cheese and Peas*)

**Chana Sag** (*chick peas and spinach*)  
**Dall Makani** (*Creamy lentils*)  
**Chana Mossalla** (*chickpeas*)  
**Bhindi Bhaji** (*okra*)  
**Sag Mushroom** (*Spinach & mushroom*)  
**Brinjal Bhaji** (*aubergines*)  
**Tarka Dall** (*Light and garlic lentils*)  
**Mushroom Bhaji**

All vegetable side dishes are available as main course - £6.95

## ~ RICE ~

<b>Boiled Rice</b>	£2.50
<b>Pilau Rice</b>	£2.95
<b>Mushroom Pilau Rice</b>	£3.50
<b>Egg Fried Rice</b>	£3.50
<b>Vegetable Pilau Rice</b>	£3.50
<b>Peas Pilau Rice</b>	£3.50
<b>Keema Pilau Rice</b>	£3.50
<b>Lemon Rice</b>	£3.50
<b>Garlic Rice</b>	£3.50
<b>Special Fried Rice</b> ( <i>with keema, peas and egg</i> )	£3.95

## ~ BREADS ~

(All of our bread are freshly baked after you have ordered)

<b>Plain Nan</b> ( <i>Unleavened bread freshly baked in the tandoor</i> )	£2.50
<b>Garlic Nan</b>	£2.95
<b>Keema Nan</b> ( <i>Stuffed with mincemeat</i> )	£2.95
<b>Peshwari Nan</b> ( <i>Stuffed with coconut, almonds, nuts and sultanas</i> )	£2.95
<b>Ponir Nan</b>	£2.95
<b>Kulchi Nan</b> ( <i>Garnished with chopped onion and pepper</i> )	£2.95
<b>Chilli &amp; Corriander Nan</b>	£2.95
<b>Tandoori Roti</b> ( <i>Unleavened wholemeal bread baked in the tandoor</i> )	£2.50
<b>Paratha</b> ( <i>Shallow fried wholemeal bread</i> )	£2.50
<b>Chappati</b> ( <i>Wholewheat light bread</i> )	£1.20

## ~ SUNDRIES ~

<b>Poppodums</b>	£0.60
<b>Spicy Poppodums</b>	£0.70
<b>Relish</b> ( <i>onion chutney, mango chutney, tandoori mint/chilli sauce</i> )	£1.50
<b>Chips</b>	£2.00
<b>Mixed Salad</b>	£1.95
<b>Indian Salad</b>	£2.50
<b>Raitha</b> ( <i>Onion or cucumber</i> )	£1.95